

## **FRESH START: The first of 3 workshops**

### **SATURDAY MORNING UMPIRING WORKSHOPS**

For all Saturday morning umpires to help you get your umpiring badges, and to feel more confident umpiring at HBC Netball Centre.



**STARTS** : Saturday 19<sup>th</sup> May. 9.15am – 9.45am, HBC Netball Centre Clubrooms.

**BRING:** Your Umpiring Bag (with a notebook, rulebook, handwhistle, drink bottle, hand towel, coin, hair tie) your white umpiring shirt, your white or black skirt, your white raincoat.

### **WORKSHOP 1 – IMPORTANCE OF KEY UMPIRING TECHNIQUES (May 19th)**



**Objectives:** By the end of this workshop you will:

1. Sign in sheet – tick off you have correct umpiring gear.
2. Protocol reminders, before game starts, intervals, post game.
3. Score card reminders.
4. Hand signal reminders.
5. Correct terminology.
6. Understand the importance of PVT (**POSITION, VISION, TIMING**).
7. Questions answered.
8. Practical Assignment 1 – work on “In line with the ball”.

### **WORKSHOP 2 – DEMONSTRATING IMPROVED PERFORMANCE (May 26th)**

**Objectives:** By the end of this workshop you will:

1. Sign in sheet – importance of looking the part, with the correct gear.
2. Recap – protocols, score sheet, hand signals, terminology
3. Recognise correct body stance (positioning) at a throw-in.
4. Practice “in line with the ball”
5. PVT =Vision – look wide, look often, look early (WOE)
6. Questions answered
7. Self-evaluation on practical assignment 1 (1 - 10 best)
8. Practical Assignment 2 – “vision”

### **JUNIOR WORKSHOP 3 – GAINING MORE CONFIDENCE (JUNE 2<sup>nd</sup>)**

**Objectives:** By the end of this workshop you will

1. Sign in sheet – importance of looking the part.
2. Recap – protocols, score sheet, hand signals, terminology, vision.
3. Recognise correct body stance (positioning) at circle end.
4. Practice “sprint to goal line”, should back.
5. PVT =Timing – when to go, where you position yourself and whats happening with the ball.
6. Self-evaluation on practical assignment 2 (1 - 10 best)
7. Practical Assignment 3 – “seeing correct footwork”